











Sir Thomas Wharton Academy







Last Friday marked the 75th Anniversary of the 'Victory in Europe' Day. A standout event in British history was forever declared on 7th May 1945 when the German troops surrendered to the Allies and we saw the end of World War II. An announcement was made via a radio broadcast to the nation and the following day, 8th May, was declared a national bank holiday. The country celebrated, taking to the streets to commemorate what is now known as Victory in Europe (VE) Day.

Every year, VE Day is celebrated up and down the country with street parties, community gatherings, dancing and singing and this year's May Day bank holiday was moved to coincide with the 75th anniversary. Unfortunately, in light of the coronavirus pandemic, many of the plans for this year's commemoration had to be postponed.

Despite these setbacks caused by the coronavirus pandemic, this weekend we have seen individual families and communities finding different ways to celebrate the 75th anniversary and carrying on with the traditional street party antics whilst adhering to the social distancing restrictions.

As we all know families across the UK have recently been drawing rainbow posters and clapping on their door steps every Thursday evening to show their support for the NHS staff and key workers during the lockdown. This weekend the attention was turned to our heroes of World War II with the nation decorating their houses in red, white and blue to commemorate the thousands of soldiers that stepped forward to fight for the future of their country. Please take a moment to remember and honour the men and women that have bravely served our country.

You will forever be in our hearts.

David Sutton



A TRIBUTE TO CAPTAIN TOM

It has been truly fascinating and inspiring to follow the story of Captain Tom Moore over the last few weeks, and it would be a disservice to not take this opportunity and give him some well deserved recognition in our Trust Update.

AN TIMELINE OF EVENTS:

April 8 - After hearing that a plucky local veteran was doing a sponsored walk, reporter Rebecca Haworth from ITV News Anglia went to visit Tom at his home. At the time, he aimed to raise £1000 to help the NHS during the pandemic. Much to his surprise, Tom passed the £1 million barrier by mid-morning on April 14.

April 16 - Captain Tom completed his promised 100 laps of his garden, and gets prime ministerial and royal seal of approval.

April 19 – Captain Tom teamed up with legendary singer Michael Ball and the NHS Voices of Care Choir to record a rendition of 'You'll Never Walk Alone'. The single went straight to Number One in the charts.

April 21 – Captain Tom was chosen as the official guest of honour at the opening of the NHS Nightingale Hospital, Harrogate.

April 27 - Royal Mail began stamping all letters with a special postmark ahead of Tom's 100th Birthday, Royal Mail staff said that they had processed more than 100,000 birthday cards, all addressed to Tom.

April 29 - The Great Western Railway (GWR) named one of their new trains after the captain. The intercity express train 800025 will carry the name 'Captain Tom Moore'.

April 30 - 100 years of Captain Tom. On the morning of his hundredth birthday the total raised by his walk passed £30 million, and by the time the campaign closed at the end of that day had increased to over £32.79 million.



















QUOTE OF THE WEEK:

"When you go home, tell them of us and say, for their tomorrow we gave our today."

Rudyard Kipling (British Novelist)

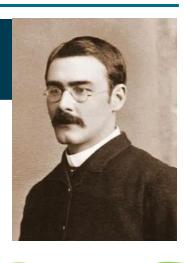


CALLING ALL Y5, Y6, Y7 AND Y8 STUDENTS

This month is **National Share A Story Month**, and The Federation of Children's Book Groups have launched a story competition for all 9-12 year olds, to win the opportunity for you and all of your classmates to meet a successful author! The theme for your story must be 'travelling tales'; it must involve any sort of travel, from the usual trains and boats and planes, to journeys through time and space. The story must also mention a home in some form – this could be your own home, or an imaginary home of a different person or creature.

Your stories may be written as prose or poetry, but mustn't exceed more than 500 words. The closing date is the 30th June 2020, and all entries must be e-mailed to nssm@fcbg.org.uk. For more information, www.fcbg.org.uk/national-share-a-story-month

GOOD LUCK!



An amazing 86% of MALTBY LILLY HALL ACADEMY students have been engaging on Purple Mash this week!

CORONAVIRUS (COVID-19) ADVICE AND SUPPORT FOR PARENTS AND CARERS

Coronavirus (COVID-19) has changed a lot for families in the past few weeks. And we know parents and carers might be worried about balancing working from home with family life, from creating structure to coping with difficult feelings and anxieties.

The NSPCC have created a whole bank of tips and advice for parents and carers, please click here to visit their webpage.



COPING WITH AND OVERCOMING LOW SELF ESTEEM

The lockdown period has created a huge change in our normal routine, we're not all in a rush to get up, washed and dressed in a morning, we're not doing the exercise we're used to, we're perhaps eating more than we would usually, and not only is that going to have an impact on us physically, it might also affect our self esteem. Self-esteem is how we see and feel about ourselves. Many people will have low self-esteem at some point in their lives. It can be caused by a number of things - comparing yourself to your friends, problems with family or at school or your health. Sometimes it passes on its own or you can take steps to help yourself feel better.

Click here for information and advice about how to tackle low self-esteem early and help prevent depression or anxiety developing.















YEAR 6 IN FOCUS

STUDENT CELEBRATIONS

We'd like to take this opportunity to reassure all Year 6 students across the Trust that all planned celebrations WILL take place, just a little later than planned. We cannot wait to celebrate with you.

PRIMARY TRANSITION PLANNING

Given the extraordinary times we currently find ourselves in, our plans for Y6-7 transition will look very different this year. Below we have tried to capture the key activities and information sharing that is planned for prior to the September start.

Y6 - 7 BRIDGING UNITS/PREPARATORY PACKS

Soon to be released - look out for more details.

INTRODUCTORY VIDEOS

Meet the key staff at the secondary academy. Follow the Academy twitter feeds and websites for the release dates.

WELCOME/TRANSITION PACKS

These packs will contain all the key information, to be published on the Academy websites and posted home.

Y6 NEW PARENTS' EVENING

This year the key messages will be delivered by video, to be shared next half term. Please note that if the circumstances allow we will meet with all new parents in person early in the Autumn Term.

POTENTIAL SUMMER SCHOOL FOR Y6 STUDENTS (August) - TBC

More details to follow on how the transition/induction will look for all Y6 students in September. Please be assured that despite the challenges faced in these unprecedented times we will do everything possible to make the transition from primary to secondary as 'informative and supportive' as possible for both students and parents.



VE DAY CELEBRATED WITHIN THE TRUST

We are so proud of how our students have embraced VE Day and despite not being able to celebrate like they did in 1945 (see the images to the right!), we hope you were all able to make the most of the weather and celebrate the freedom that we share today thanks to those who fought in WW2.

Students across our Trust have been very busy this week making bunting, paperchains, flags and poppies to decorate our schools, see some of the highlights below. The children in provision at **MALTBY REDWOOD ACADEMY** have even recorded their own special rendition of 'We'll Meet Again', it's amazing - <u>watch the video here</u>.

















How incredible did Wentworth Woodhouse look this weekend? The Grade 1-listed mansion was lit up in red, white and blue to pay tribute on VE Day

PARTIAL OPENING – STUDENT NUMBERS ATTENDING ACROSS THE TRUST

	WATH ACADEMY	SIR THOMAS WHARTON ACADEMY	MALTBY ACADEMY	MALTBY LILLY HALL ACADEMY	MALTBY MANOR ACADEMY	RAVENFIELD PRIMARY ACADEMY	MALTBY REDWOOD ACADEMY
MONDAY	9	11	6	18	14	5	10
TUESDAY	9	12	6	20	15	8	12
WEDNESDAY	10	11	6	16	15	8	6
THURSDAY	8	11	6	6	15	7	6
FRIDAY	0	7	0	8	11	0	0

MEET THE MALTBY LEARNING TRUST TEAM



MRS LAMBERT

Chief Finance Officer MALTBY LEARNING TRUST

1. Who inspires you?

My late great Uncle Harold. He was a war veteran who survived being on the front line of Anzio in World War 2. After returning home he became a farmer and a local celebrity in his village of Shepley, just through his genuine interest in people and their lives. He would often be found sat outside his farm, talking to passers by for hours on end. At his funeral, a procession was led through the village and the turnout was unbelievable, despite heavyrain! His ability to connect with so many people and leave such a lasting impact is inspirational.

2. What was the best concert you ever attended?

Florence and the Machine. Her performance and amazing voice left the entire concert with a warm feeling of positivity, hope and love for their fellow man.

3. Where's your favourite place in the world?

I absolutely love Thailand, I have been a few times and travelled around several different areas. I really enjoy visiting new places and experiencing different cultures and love that Thailand is so different to my normal life in all aspects.

4. What's the last book you read?

As I write this, if I am honest, it would be Thomas the Tank Engine Goes Fishing. I have a three year old son and Thomas is one of his absolute favourites. I am also part way through reading Atomic Habits, Tiny Changes, Remarkable Results by James Clear; I have a very geeky side and I find the psychology of human behaviour really interesting.

5. What's your favourite movie?

French Kiss, this is a romantic comedy with Meg Ryan. As an eternal romantic if the movie does not have a happy ending then I do not want to watch it!

6. Who would you like to swap places with for a day?

The Queen. I would love to be able to see inside all her amazing palaces. I would walk around all day in the crown jewels!

7. What are some of your pet peeves?

Selfishness and arrogance.

8. What's your favourite meal and which four people would you choose to eat it with?

Fav ourite meal: A seafood platter, I love all seafood especially mussels and prawns. I would eat with Heston Blumenthal, for the food. His cooking always pushes the boundaries, and I would love to taste his spin on my fav ourite meal. Adele, for the music. I love her music and think she would make a great karaoke partner. Guy Martin, for the stories. He has led such an interesting life through his desire to always find the next personal challenge and his love of speed. Leigh Francis (aka Keith Lemon), for the fun factor. There would definitely not be a dull moment with him around.



In my home life I am a really creative person and am actually quite good at painting, as an accountant this often surprises people!

10. What's your favourite family tradition?

Over the last couple of years my husband and I have introduced a new tradition of having both our families together on Easter Sunday for a full roast dinner. We treat it like a mini Christmas Day and it's lovely to have everyone together in one room. We have obviously not been able to do it this year but we are planning to replicate the event later when it is safe again.

11. During this period of lockdown, what are you missing about daily life?

I am missing being able to go around to my parents' house for daily catch ups and having my nieces and nephews around to play with my son. I am very close to my family and actually live next door to my parents, therefore in normal life I would see them all the time.

12. What are you enjoying doing during lockdown?

My son and I have started to go on a walk together as part of our daily exercise. We have been painting rocks and leaving them out on the local footpath to bring a little colour and smiles into other families lives. We have started a trend, with other families now doing the same, so we really enjoy spotting other peoples new rocks.







MEET THE MALTBY LEARNING TRUST TEAM



MRS THOMSON

Dance Teacher WATH ACADEMY

1. Who inspires you?

Beyoncé, because she is a similar age to me. I used to be in an RnB group when she was in Destiny's Child, they influenced a lot of our work - she inspires me to be my self. She works hard while her personality still seems very grounded.

The right kind of diva.

2. What was the best concert you ever attended?

Little Mix, I took my two daughters as a treat but I ended up having a fab time too, they were amazing.

3. Where's your favourite place in the world?

Any where, where there is good food and live entertainment.

4. What's the last book you read?

Monkey puzzle by Julia Donaldson. I read it to my youngest daughter for bed time.

5. What's your favourite movie?

Alice in wonderland; I'm very young at heart and I love to sing along with the songs and say my favourite line.

6. Who would you like to swap places with for a day?

Holly Willoughby, so that I can wear some of her outfits.

7. What are some of your pet peeves?

It takes a long time to get me annoyed, but don't eat the last mince pie at Christmas - its mine!

8. What's your favourite meal and which four people would you choose to eat it with?

I do not have a favourite meal, but Caribbean or Mexican food if I had to choose. I would dine with: Will Smith, Tiffany Haddish, Idris Elba and Alicia Dixon. All of these people are funny and entertaining so they would probably make meal time very interesting.

9. What's your secret talent that no-one knows about?

I calculate my food proportions while I eat. So that the last mouthful is the same as the first.

10. What's your favourite family tradition?

Dancing in the hallway - if you can you should try it.

11. During this period of lockdown, what are you missing about daily life?

I am missing spending time with my family, most Sundays I go too see my mum, my children really miss her cooking.

12. What are you enjoying doing during lockdown?

I love baking so now that there is flour available in the shops again, I have made a lot of cakes and biscuits









FREE SCHOOL MEALS

All students eligible for 'Free School Meals' across the Trust will be provided with e-vouchers that can be redeemed for food in many of the local supermarkets, including:

Asda, Tesco, Sainsbury's, Morrisons and Aldi.

The e-voucher codes will be emailed to eligible families from Wednesday each week.

If the school does not have a current email address for a family, the appropriate gift cards will be posted out. Please allow 3 days for delivery.

A very impressive 90% of children from **RAVENFIELD PRIMARY ACADEMY** have been accessing Purple Mash this week, with 97% of year 2 and 3 completing work! Fantastic.

DO YOU QUALIFY?

DO YOU RECEIVE ANY OF THE FOLLOWING?

- · Income support
- ·Employment Support Allowance (Income Related)
- ·Income based Job Seekers Allowance
- ·Guaranteed Pension Credit
- ·Child Tax Credit and your income (as calculated by Inland Revenue is) is less than £16,190
- · Universal Credit
- ·Support under Part VI of the Immigration and Asylum Act of 1999
- · Working in the Armed Forces

If you can answer yes to any of the above you may qualify for Free School Meals/Pupil Premium.

HOW DOES IT WORK?

If you want your child to have a free, healthy meal at lunchtime – they will receive a free school meal. This can save you more than £350 a year and allow the school to get additional funding to support your child's learning. (£1,345 per primary-aged pupil. £955 per secondary-aged pupil per year). Please remember you must qualify and register for the free school meals for the school to receive the extra money even if you do not want your child to have the free school meals.

Registering for free school meals is confidential, no one will know you have registered and it will not affect any other benefits you are claiming.

HOW TO APPLY

<u>Click here</u> to complete a simple online form, or pick up an application form from any MLT Academy.



SOCIAL, EMOTIONAL AND MENTAL HEALTH - MENTAL VITALITY

Being out of our usual routines, not being with the people we love and not doing some of the things we enjoy is tough on our mental wellbeing and energy levels and can leave us feeling emotionally drained. It's important therefore that we are mindful of our energy levels and explore ways to keep us upbeat, resilient and motivated.

For some tips on keeping energy levels high it might be worth looking at the 'Tolerance for Uncertainty' workbook, or look at these tips on keeping motivation high.

It's also important to remember that diet and hydration underpin wellbeing. Look at the links between energy and hydration here: and for tips on healthy drinks, click here. You might also find some of the links on this page useful, based on principles from 'The Power of Full Engagement' by Loehr and Schwartz.

PHYSICALLY ENERGISED

Engaging in regular exercise increases our energy levels and increases the blood flow to our brains, improving our memory, thinking skills and ability to concentrate. Exercise also interacts favourably with the chemicals in our body to produce feelings of wellbeing and health, as well as assisting in a good night's sleep. You could try some strength and flex exercises here. Or perhaps some laughter yoga is more your scene: click here. You could try exercising outside - this has the added benefit of letting in the sunshine as well. For a gentle breathing exercise which can be easily done outdoors visit the breathpod.

EMOTIONALLY CONNECTED

Keeping connected to other people helps to maintain the quality of our energy and supports a positive mindset. A bit of healthy competition doesn't hurt. Call up a friend and see who can complete the daily iiasaw in the fastest time. You could create an Action for Happiness Group.

If you are feeling isolated and finding it difficult to reach out to others, the Elefriends Website run by National Mind might help with this.

MENTALLY FOCUSED

Keeping mentally focused is good for wellbeing. This isn't always easy and sometimes we can get distracted by negative thought patterns. Action for Happiness say 'If you can't change it, change the way you think about it.'

For more information on recognising unhelpful thoughts and practising the waywe think about things, click here. Mental focus can be fun – try playing a version of Kim's Game with the family (sometimes the old games are the best!) Learning a new skill is extremely beneficial for maintaining mental focus. Why not learn how to make friendship bracelets,

SPIRITUALLY ALIGNED

When we are spiritually alianed we are at true peace with ourselves. This means we are aware of our personal values, what brings meaning to our lives and have a sense of what we'd like to accomplish. This brings a sense of purpose which has the potential to bring benefits not just to ourselv es but also others.

Achieving spiritual alignment might begin with 'counting our blessings' and appreciating the natural world. You could try creating a vision board using photos, souvenirs and pictures from magazines to work out what's truly important to you Also, remember that giving brings pleasure to the giver too. Try creating a <u>gratitude bucket</u>.



PROTECT YOURSELF AND HELP PREVENT INFECTION

There is currently no vaccine to prevent COVID-19.
The single, most important action you can all take is to **PRACTISE SOCIAL DISTANCING** - this will prevent you being exposed to, and reduce the risk of transmission of the virus.

- You should **STAY AT HOME** to reduce your day-to-day contact with other people and reduce the spread of the infection.
- You should only leave the house for necessary food shopping, one form of exercise a day, any medical need or for travelling for work purposes, but only where you cannot work from home.
- **WASH YOUR HANDS** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- Put distance between yourself and other people. Try to stay 2 metres away from people **AT ALL TIMES.** This includes your friends and family keep in touch using remote technology such as phone, internet and social media.

For further information about how to protect yourself and others, <u>click here</u>.

For information about the closure of schools and other educational settings following the outbreak of coronavirus (COVID-19), <u>click here</u>.

For information about Maltby Learning Trust and what we are doing to keep our staff and students safe, click here.

For more information about social distancing and how to protect vulnerable people, <u>click here</u>.



SUPPORTING MENTAL HEALTH AND WELLBEING

This is an unsettling time for all members of our community but parents/carers may be additionally worried about their child's mental health and emotional wellbeing. If you are concerned about your child, you can receive an initial telephone call to discuss your concerns further, please email your child's Academy, stating 'MENTAL HEALTH AND EMOTIONAL WELLBEING SUPPORT' in the subject line.

If you have any other concerns about your child, please contact the Academy directly using the following e-mail addresses:

WA	enquiries@wathacademy.com pastoralteam@wathacademy.com safeguarding@wathacademy.com			
MA	info@maltbyacademy.com ma-PastoralTeam@maltbyacademy.com ma-Safeguarding@maltbyacademy.com			
STWA	admin@stwacademy.com			
RPA	info@ravenfieldprimaryacademy.com			
MLHA	info@maltbylillyhallacademy.com			
MRA	info@maltbyredwood.com			
мма	info@maltbymanoracademy			

KEEPING IN TOUCH

It is important to remember that we are all part of the same community and that we find any way we can to stay connected to each other.

We will aim to send out regular communications responding to frequent questions we have received, informing you of any developments that we are made aware of and sharing important updates with you. However; the best way you can stay up to date and in touch with us is by following our Twitter account:

@maltbylearning.

We would like for Twitter to become a forum through which parents and colleagues can share updates about how they are spending their time during the school closure period, celebrating any amazing work their children complete, or posting hints, tips and tricks they may have for getting through this time at home.

PLEASE MAKE SURE YOU TAG US

@MALTBYLEARNING OR USE
#MLTCOMMUNITY IN YOUR POST.





GOOD NEWS



& hegartymaths









It has been mentioned once before in this week's Update, but in case you missed it, children at MALTBY REDWOOD ACADEMY have filmed their own rendition of 'We'll Meet Again' as a tribute to VE Day. Watch it here.

It was 'Tell a Joke Day' on Wednesday and all of the children at **RAVENFIELD PRIMARY ACADEMY** received a joke to tell with their lunch! Thank you to our catering staff, what a great idea.

A great week for Maths last week at WATH ACADEMY! Students sailed past the 500,000 questions mark on Hegarty Maths, answering 542,706 questions this academic year. This placed the school 15th out of the 1,664 Hegarty schools; and in the top 1% for the week!

The science department at MALTBY ACADEMY have donated an incredible 800 new pairs of nitriles gloves, 350 pairs of goggles and a bunch of new hairnets to the NHS this week!

For students who are missing practical work in Drama, **WATH ACADEMY**'s Head of Drama Mr McHale has been setting monologue and accent challenges, watch them here!

A parent at SIR THOMAS WHARTON ACADEMY has been donating Fox's biscuits to the students who have been working in school throughout the partial opening period. Such a lovely act of kindness.

Staff at MALTBY LILLY HALL ACADEMY have been recording regular story time sessions, this week's story was 'Meerkat Mail' read by Miss Brown, Watch it here.

SIR THOMAS WHARTON ACADEMY now have their own SEND support group on Facebook for parents and students. Please ioin the **aroup** to receive regular updates.















